



# Everman High School

## **cheer tryouts**

2021-2022

Requirements  
and  
Other Essential Information

**Vision**

Creating a Culture Committed to Excellence

**Expectations**

Don't Judge a Book by Its Cover, Reputation or what you've heard.

Be responsible, Be respectful, Be intentional

SHIFT from reactive participants to reflective practitioners

SHIFT from surviving to thriving

Dr. Mario Layne, Principal  
Ms. Joy Avery, Assistant Principal

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# General Information

Thank you for your interest in becoming part of the elite Everman Joe C. Bean High School Cheerleading Team! This packet contains all of the information for our tryout process. This year because we are leading in a pandemic, some dates, times and procedures are subject to change. Please be patient with us and be confident that our intentions are to create a positive experience for our students regardless of the circumstances. Thank you!

All prospective candidates must turn in the following items by **Friday, February 26, 2021: (Middle School Deliver Forms to front office no later than 2/26/21 @2:30 pm)**

- Candidate Application
- Medical Release/Physical and online [Participation Forms](#)
- Grade Check Form or Most Recent Progress Report
- 3 Teacher Recommendations (<http://bit.ly/cheerehs>)

## **Important Dates:**

(Dates and times are subject to change you will be notified by phone or email)

- February 12th:** Cheer parent MANDATORY info. Meeting. (1 guardian **MUST** attend for every participant)
- February 26th:** Last day to turn in tryout forms to Mrs. Marroquin at the Davis office by 3:30pm.
- March 4-5** Pre-Tryout Clinic (Gold Gym)
- March 8-9** Pre-tryout Clinic (Gold Gym)
- March 10th** Tryout Day (Gold Gym or Tryout Videos Due by 6pm)
- March 12th** Tryout Results will be sent by Text Message to all Participants and their parents. **Results are FINAL.**

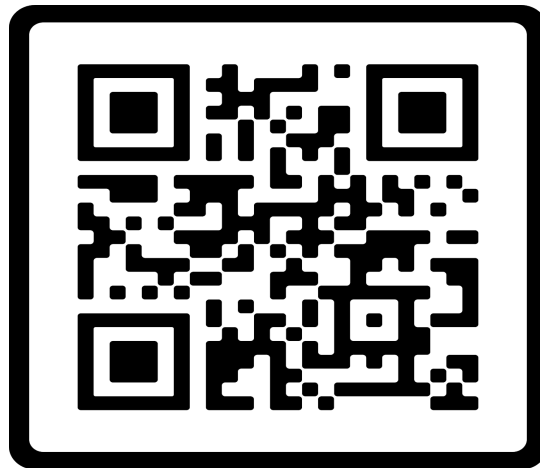


# EHS Cheer Interest Meeting

Are you PROUD to be an Everman Bulldog? Are you an excellent student?  
Are you athletic? Do you have the skills of a leader?

The Elite EHS Cheerleaders Want YOU on the  
squad!

@ 6:00 PM (Virtual)



In order to try out for cheer you and a guardian  
MUST attend this mandatory meeting!  
GO BULLDOGS!!!

# EHS TRYOUT CLINIC

Tryout clinics will help prepare you for tryouts. We will work on motions, jumps, chants/cheers, and dances. Clinic attendance is **MANDATORY** in order to be eligible to try out. The clinician will be a guest of the district hired to prepare candidates for the cheer tryouts.

## Tryout Eligibility:

- Candidates and at least 1 guardian **MUST** attend tryout interest meeting
- Candidates **MUST** submit all required documentation by Friday, Feb.26th
- Candidates must have a current medical release on file with Everman Athletics via Rank One: <https://evermanisd.rankonesport.com/New/NewInstructionsPage.aspx>
- 3 Positive Teacher Recommendations must be submitted
- Student Grade Requirement is for the entire cheerleading season (tryout to tryout) Grades will be regularly monitored.

## Clinic Attire:

- Face Mask (no words)
- Shorts (NO DENIM)
- Tee shirt
- Sports Bra
- Socks and athletic shoes
- Hair pulled back from face
- **No jewelry** (If you have a new piercing, you will **not** be allowed to keep a ring/plug in it!)
- No gum
- Hand sanitizer
- Phones in bag and on silent

## Tryout Day Attire:

- **NOTHING ON YOUR CLOTHING CAN SAY "CHEERLEADING"**
- Face Mask (no words)
- Shorts (NO DENIM)
- **SOLID** White tee shirt with your tryout number on the front and back
- Sports Bra
- White socks and athletic shoes
- Hair pulled back from face
- No jewelry
- No gum
- Silent Phones Remain in Bags

**TRYOUTS ARE CLOSED TO THE PUBLIC. PARENTS, SIBLINGS, FRIENDS, ETC.**

# CLINIC SCHEDULE

Candidates must attend Tryout Clinics. Clinic will be held in the EHS Gold Gym from 3:30-6:30 PM. Facemasks are mandatory and temperatures will be checked. Family and Friends are not permitted during clinics and tryouts. Clinic attire rules must be followed.

BE ON TIME

## Thursday, March 4th-3:30-5:00

- Draw tryout numbers and sign-in
- Introductions
- Warm-Up
- Stretch
- Learn Chant
- Jump Demonstration/Lines/Techniques
- Learn Cheer
- Review

## Friday March 5th-3:30-5:00

- Warm up run/Stretch
- Review Chant/Cheer
- Learn Dance
- Jump Sequence Demonstration
- Jumps Sequence Practice
- Review Dance/Chant/Cheer

## Monday March 8th-3:30-5:00

- Warm up run/stretch
- Review Chant/Cheer
- Review Dance
- Review Jump Sequence
- Review Dance/Chant/Cheer

## Tuesday March 9th-3:30-5:00

- Tryout Demonstration
- Mock Tryouts (JV Candidates first then Varsity Candidates)

# TRYOUT DAY INFORMATION

## Please Remember: March 10th 3:30 PM Sharp in the GOLD GYM

- Adhere to the Dress Code described on page 4 of this packet
- Phones must remain in your bag and be on SILENT setting
- Candidates will ONLY be identified by a number to Judges (no names)
- Judges will complete a skills evaluation form for each candidate
- The sum of SE subtotals for the candidate divided by the 3 (the number of judges) equals the average score for each individual candidate

## Tryout Criteria:

Candidates will perform a set of individual and group skills before the panel of judges. An impartial and experienced panel of judges will provide skills scores. Our panel of judges consist of 3 adults with backgrounds in cheerleading and are NOT associated with EHS. Judges will evaluate candidates on the following skills:

### **Jumps: (Alone)**

- 3 connected jumps-Show a variety of jumps (no 2 jumps should be the same)
- 1 Toe touch jump
- VARSITY- Whipped Jumps (no prep)
- JV- may prep between jumps

### **Spirited Entrances and Exits: (Alone)**

Any tumbling skills should be incorporated during the entrance and exit after the cheer

### **Cheer: (Alone)**

Voice projection, show of spirit/enthusiasm, and memory.

### **Dance: (Groups of 3 or 4)**

Rhythm, precision, memory, and personality.

### **Chant: (Groups of 3 or 4)**

Motions, Voice Projection, spirit/enthusiasm, and memory.

## Tryout Procedure:

1. Candidates will enter with their group (ex. Group #1 candidates 1, 2, & 3)
2. The group will perform the CHANT and DANCE as a group.
3. The group will then leave the tryout area and return individually. Each candidate will perform their spirited entrance w/tumbling if applicable, jumps, cheer, and spirited exit w/tumbling if applicable. (if you have tumbling skills show them here)
4. Once individuals have performed. Group will exit and wait in the designated area for the possibility of any CALL BACKS.

# SCORING CRITERIA

## **Judge's Score Sheet - Explanation of Criteria**

The below criteria will be used to evaluate you during the clinics and during tryouts. Become familiar with them. As you practice, you may want to have someone, a parent/guardian perhaps, evaluate you as the judges would in each of the six categories. Your evaluation actually starts the very first day - ATTITUDE, appearance, form, timeliness, following instructions, etc. Candidates will lose points for being late, disrespectful and/or not following instructions given!

### **Appearance/Knowledge (10 points)**

- Confident and enthusiastic
- Neatly dressed; good posture; hair away from face; no jewelry/gum/colored nail polish
- Confidently exhibits cheers/chants/jumps/motions/dance
- Knows the sequence and precision of movements
- Does not look around to others for help
- Few mistakes; recovers quickly without drawing attention

### **Jumps (15 points)**

- Knows four required jumps (Toe Touch, Herkie, Side Hurdler, Front Hurdler)
- Good height, straight back, exact position of legs
- Smooth prep, execution, and landing

### **Chant/Cheer (15 for individual)**

- Sharp, precise movements
- Loud, audible voice projection
- Synchronized with other members
- Energetic and full of enthusiasm
- Correct arms, length hand position
- Has correct rhythm and timing

### **Dance Routine (15 for tryout dance)**

- Synchronized with other members
- Energetic and full of enthusiasm
- Has correct rhythm and timing
- Knows the sequence and precision of movements
- Does not look around to others for help
- Few mistakes; recovers quickly without drawing attention

### **Gymnastics (10 for tumbling)**

- Cartwheel/Round off
- Back handspring
- Round off/Back handspring

**That's 65 total points, and there are 3 judges, so a total of 195 points for tryouts day**

# Cheerleader Selection

## Teacher Recommendations

- 10 points for recommendations averaging 15-25
- 5 Points for recommendations averaging 10-14
- 0 Points for recommendations averaging 9 or less

**TEACHER RECOMMENDATION SCORE + JUDGES AVERAGE SCORE MUST MEET THE FOLLOWING TO DETERMINE WHO MAKES THE TEAM:**

**Varsity-** A minimum score of 70 must be met in order to make the team. Seniors, Juniors, Sophomores, and Freshman are eligible to be on the Varsity squad based on skill level. All varsity squad members are eligible for Letterman Jackets this year.

**Junior Varsity-** A minimum score of 60 must be met in order to make the team. Juniors, Sophomores and Freshman are eligible to be part of the JV squad.

**Notification:** Results will be texted directly to cheerleaders and parents on Friday, March 12th.

## **SCORES and SQUAD DESIGNATIONS ARE FINAL**

FIRST TEAM PARENT MEETING WILL BE MARCH 26TH @6PM.

- Paperwork
- Remind and Band App sign ups
- Rules, Procedures
- Any available schedules and sports season info.
- Itemized Pricing Sheets
- Sizing Appointments
- Any available Camp Information

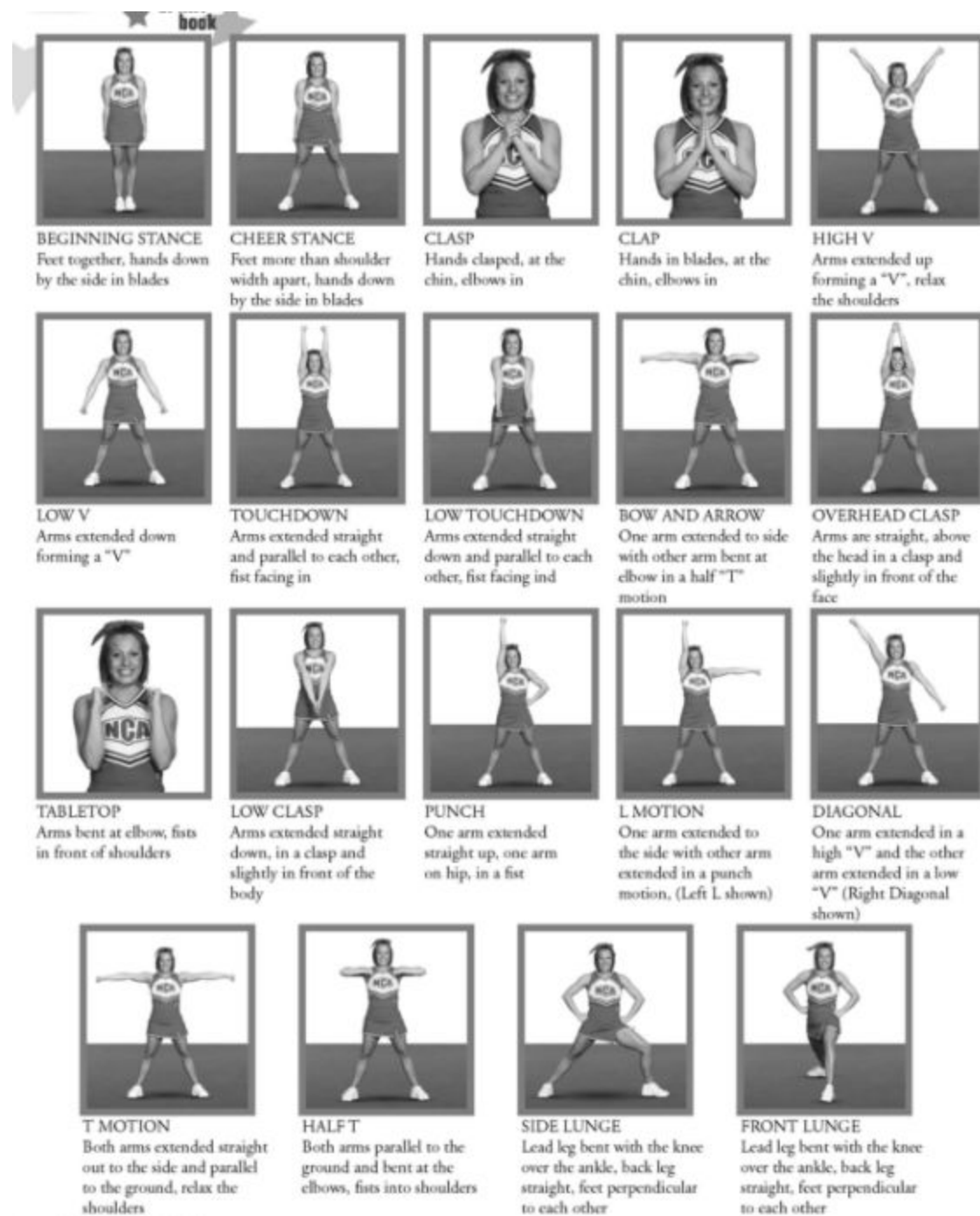


**Jumps:**

You will be required to do a toe touch, a left or right hurkey, a left or right hurdler and a pike. Youtube has plenty of videos, but below I have provided a picture of correct form:

**Toe touch:****Hurkey:****Hurdler:****Pike:**

Basic motions, again youtube has a lot of videos, I would start practicing in front of the mirror now:



## 2021-2022 EHS Cheerleader Application

<b>Student Name:</b>	<b>Student ID #:</b>
<b>Current Grade Level:</b>	<b>Home Address:</b>
<b>Home Phone:</b>	<b>Cell Phone:</b>
<b>Email address:</b>	<b>Birthday:</b>

<b>Parent/Guardian Name:</b>	
<b>Mother's Work Phone:</b>	<b>Mother's Cell Phone:</b>
<b>Mother's Email:</b>	
<b>Father's Work Phone:</b>	<b>Father's Cell Phone:</b>
<b>Father's Email:</b>	
<b>Emergency Contact Name:</b>	<b>Relationship to You:</b>
<b>Emergency Phone:</b>	<b>Emergency Cell Phone:</b>

<b>Allergies/Health Problems/ Medications (Please describe in detail):</b>
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# Interview Questions

Please answer the following questions to the best of your ability. You may use a separate piece of paper.

1. Were you involved in any behavior infractions (ISS or DAEP) during the **2020-2021** school year? If yes, please explain on a separate sheet of paper.
2. Name two ways to get students interested in attending pep rallies and games.
3. What would you do if a member of your squad had a very bad attitude problem?
4. What three characteristics do you feel are most important for cheerleaders to possess? Why?
5. Do you feel cheerleaders are an important part of the athletic program? Why?
6. Why are you trying out for cheerleading?
7. How can cheerleaders best represent their school and student body?
8. What is a new idea you would like to see implemented in this year's cheerleading program?
9. What was something the cheerleaders did last year that you felt was effective? (applies to the school you were at last year)
10. What was something the cheerleaders did last year that you felt were in-effective? Why? (applies to the school you were at last year)
11. What is the best way to handle conflict with a team member?

**Teacher Recommendation Link: (give this link to your teacher to complete your recommendation)**

**<https://bit.ly/cheerehs>**

## Statement of Understanding

If you make the cheerleading squad, realize that you are making a commitment to Everman High School, your coaches, your teammates, and yourself for the **complete season (full year)**. The decision to tryout should not be taken lightly. You will be expected to put cheerleading as one of your top priorities. Furthermore, as a representative of Everman, you must **maintain proper behavior** at all times. You must follow the cheerleading guidelines set forth in the Everman High School Cheerleading Constitution. Students who break the rules will be disciplined. By making this commitment to the Everman High School Cheerleading program, you will receive many valuable and rewarding educational experiences that you will remember long after you graduate from high school. These activities will not only channel your enthusiasm and spirit in a constructive and beneficial manner, but will give you a sense of pride and accomplishment in being a part of a group that has earned the reputation as one of the finest in the State of Texas.

### Student Agreement

I, \_\_\_\_\_, have read and I agree to abide by the policies described if I am chosen as a member of the squad. I am agreeing to the information in the packet and understand that failure to adhere to these rules policies could result in dismissal from the squad.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

### Parent/Guardian Agreement

I, \_\_\_\_\_, the parent or legal guardian of \_\_\_\_\_, have read and understand 2021-2022 TRYOUT INFORMATION. I agree to abide by the policies described if my child is chosen as a member of the squad. I also agree to the financial obligations as they are described in the information provided. I understand that failure by me or my child to adhere to these policies could result in dismissal from the squad.

\_\_\_\_\_  
Parent Signature

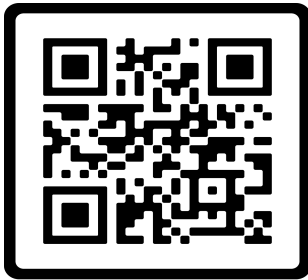
\_\_\_\_\_  
Date

## Physical Forms and Parent Meeting Link Link

Parents please go the following website to fill out participation forms and download a copy of the school physical form for your physician. Students **MAY NOT** work out during cheer clinics without these forms!

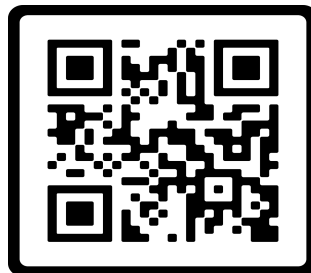
Parent Information Google Meet Link:

<http://bit.ly/cheerparentinfo>



Participation/Medical Release Forms:

<http://bit.ly/cheermedforms>



## Junior Varsity Cheer Commitments

**Note to all:** Due to COVID restrictions and adjustments some of the normal commitments listed below may be altered/adjusted. Cheer sponsors will update parents and squad members as soon as scheduling is finalized. It is not permitted to be in basketball or volleyball and cheer, you will need to choose.

- Spring Practice: TBA (usually after school on Tuesday and Thursday 4-6 pm)
- Camp: TBA (usually in July for 4 days)
- Summer Practice: TBA (Usually Mandatory summer workout 6.1-7.3 and team practice first week of July M/W/F)
- Cheer Leadership Class: 8th Period Daily Spring and Fall
- Fall Practice: Daily during School Day
- Football Games: Cheer at JV Home games
- Volleyball Games: Cheer at JV Home games
- Pep Rallies: Attend Choreography if participation is required
- Basketball Games: Cheer at Home JV basketball games
- Painting: Paint signs for sports, the school, pep rallies etc.
- Community Service: Volunteer for at least 2 events per year.
- Fundraisers: TBA

## Varsity Cheer Commitments

- Spring Practice: TBA (usually after school on Tuesday and Thursday 4-6 pm)
- Camp: TBA (usually in July for 4 days)
- Summer Practice: TBA (Usually Mandatory summer workout 6.1-7.3 and team practice first week of July M/W/F)
- Cheer Leadership Class: 8th Period Daily Spring and Fall
- Fall Practice: Daily during School Day
- Football Games: Cheer at Varsity Home and Away games
- Volleyball Games: Cheer at Varsity Home games
- Pep Rallies: Attend Choreography if participation is required
- Extra Late practices for pep rally routines possible
- Basketball Games: Cheer at Home Varsity basketball games and select away games
- Painting: Paint signs for sports, the school, pep rallies etc.
- Community Service: Volunteer for at least 3 events per year.
- Fundraisers: TBA

## ESTIMATED SQUAD FEES 2021-2022

Items	New Cheerleader	New Senior Varsity	Returning JV	Returning Varsity	Male Cheerleader
<b>Camp Fees</b>	TBD	TBD	TBD	TBD	TBD
Camp					
Camp Spirit Wear	\$71.00	\$71.00	\$71.00	\$71.00	\$71.00
<b>Total</b>	\$71.00	\$71.00	\$71.00	\$71.00	\$71.00
<b>Uniform Items</b>					
TShirt	\$13.99	\$13.99			\$13.99
Gray Shorts	\$16.99	\$16.99			\$16.99
Custom Tshirt	\$17.99	\$17.99			\$17.99
Purple Shorts	\$8.99	\$8.99			
TShirt	\$17.99	\$17.99	\$17.99	\$17.99	\$17.99
Black Briefs	\$6.99	\$6.99			
Face Mask	\$9.00	\$9.00	\$9.00	\$9.00	
Male Shorts					\$10.00
Black Shorts	\$6.99	\$6.99			
<b>Total</b>	\$98.93	\$98.93	\$26.99	\$26.99	\$76.96
<b>Accessories</b>					
Glitter Backpack	\$39.99	\$39.99			
Sports Bra	\$19.99	\$19.99			
Cheer Shoes	\$36.99	\$36.99	\$36.99	\$36.99	\$36.99
Warm Ups	\$61.00	\$61.00			\$61.00
PullOver	\$29.00	\$29.00	\$29.00	\$29.00	
Tights	\$22.99	\$22.99			
Socks	\$5.00	\$5.00			
Gold Bow	\$5.99	\$5.99			
Pur. Glitter Bow	\$9.99	\$9.99			
Pink Chev. Bow	\$4.99	\$4.99			
<b>Total</b>	\$235.93	\$235.93	\$65.99	\$65.99	\$97.99



<b>Pink Out Bottoms</b>					
Pink Senior Bow		\$9.99			
Pink Ribbon Tee	\$9.99	\$9.99	\$9.99	\$9.99	\$9.99
Pink Out Bottoms	\$9.99	\$9.99	\$9.99	\$9.99	\$9.99
Pink Socks	\$5.00	\$5.00			
<b>Total</b>	<b>\$24.98</b>	<b>\$34.97</b>	<b>\$19.98</b>	<b>\$19.98</b>	<b>\$19.98</b>
<b>Extras:</b>	Varies				
Letterman Patches	Varies				
Game Snacks	Varies				
Gift Baskets	Varies				
Bigs and Littles Gifts	Varies				
<b>Grand Total</b>	<b>\$430.84</b>	<b>\$440.83</b>	<b>\$183.96</b>	<b>\$183.96</b>	<b>\$265.93</b>

**\*\*You may separate your total due into 3 payments. All payments are DUE BY JUNE 2, 2021.**

**\*\* We will know more about whether camps will be held soon. Past camps have cost around \$300-400. Should we plan to go to camp, this amount will need to be paid, please consider this as you budget for cheer.**

All payments must be turned in by 3:30 PM on. All payments must be in cash or money orders. NO CHECKS will be accepted. A receipt will be given whenever the money is turned in. Please make sure you get this receipt and take a picture/scan it to your email. Please turn money into Ms. Avery or Ms. Marroquin at the Davis front office.

**There will be more information about a fundraiser in April TBA.**

### **Uniforms**

- Uniforms are issued by the school this year and are property of the EHS Athletic Department.
- Washing instructions will be provided when uniforms are distributed. At the end of basketball season, uniforms are to be CLEANED and turned in.
- All altered uniforms (at your expense) must be restored to their original size before being turned in at the end of the cheering season (at your expense).
- Damaged or lost uniforms will be replaced at the cost of the cheerleader.