

Mental Health & Community Resources for Families (Website)

Facilities/Hospitals	Address	Phone number	Free Mental Health Assessment	Inpatient or Outpatient	Provide Educational Services	Ages Served	About
JPS Psychiatric Emergency Center	1500 S. Main Street Fort Worth, TX 76104	817-702-4151 817-702-3636	No	Inpatient	no	13 and older	JPS provides inpatient and outpatient services for adolescents and adults. Accepts most insurance plans and offers multiple payment assistance programs for services. https://jpshealthnet.org/locations/psychiatric-emergency-center
JPS Center for Behavioral Health Recovery	601 W. Terrell Avenue Fort Worth, TX 76104	817-702-3100	No	Outpatient	no	13 and older	
JPS Central Arlington Behavioral Health	501 W. Main Street Arlington, TX 76010	817-702-3100	No	Outpatient	no	8 and older	
Millwood Hospital	1011 N. Cooper Street Arlington, TX 76011	817-261-3121	Yes	Inpatient	yes	5 and older	Millwood Hospital provides inpatient and outpatient mental health and chemical dependency care for all ages. https://millwoodhospital.com/
The Excel Center	1220 West Presidio Street Fort Worth, 76102	817-335-6429	Yes	Outpatient & PHP	yes	5 to 18	The Excel Center provides day treatment for emotional and behavioral needs of children and adolescents. https://excelcenterfortworth.com/?utm_source=Google&utm_medium=YouTube
Cook Children's Behavioral Health Services	Rees Jones Behavioral Health Center 801 7th Ave Fort Worth, TX 76104	682-885-3917	No	Inpatient	yes	2 to 12	Cook Children's Behavioral Health addresses the psychological and psychiatric needs for children, adolescents, and their families. https://www.cookchildrens.org/services/behavioral-health
Cook Children's Behavioral Health Services	901 7th Ave, 2nd floor Fort Worth, TX 76104	682-885-3917	No	Outpatient	Yes	2 to 17	
Cook Children's Behavioral Health Services	Rees Jones Behavioral Health Center 801 7th Ave Fort Worth, TX 76104	682-885-3917	No	PHP	yes	5 to 17	
MHMR of Tarrant County (My Health My Resource)	3840 Hulen Street Fort Worth, TX 76107	817-569-4300 Crisis line: 817-335-3022 Crisis text: 1-800-866-2465	Yes	Inpatient & Outpatient	no	all ages	MHMR provides 24/7 community-based services with developmental disabilities, mental health conditions, and substance use disorders. Provides crisis support for all ages. https://www.mhmr.org/
Mesa Springs	5560 Mesa Springs Dr Fort Worth, TX 76123	817-752-4346 817-774-9501	Yes	Inpatient, PHP, & IOP	yes	12 and up	Mesa Springs provides inpatient mental health and addiction treatment, partial hospitalization programs, and intensive outpatient programs. https://mesasprings.com/programs/inpatient-treatment/
Innovations (Mesa Springs)	6421 Camp Bowie Blvd., Suite 200 Fort Worth, TX 76116	817-484-0406 817-774-9501	Yes	Outpatient & PHP	yes (accredited)	5 to 18	Mesa Springs Innovations provides outpatient programs and partial hospitalization programs for children and adolescents facing mental health challenges. https://mesasprings.com/locations/innovations-locations/fort-worth-camp-bowie-blvd/
Innovations (Mesa Springs)	12412 Timberland Blvd., Suite 300 Fort Worth, TX 76244	817-484-0406 817-774-9501	Yes	Outpatient & PHP	yes (accredited)	5 to 18	
Innovations (Mesa Springs)	4935 S. Collins Street Arlington, TX 76018	817-484-0406 817-774-9501	Yes	Outpatient & PHP	yes (accredited)	8 and up	
Perimeter Behavioral Hospital of Arlington	7000 U.S. 287 Frontage Rd Arlington, TX 76001	817-662-6342	Yes	Inpatient	yes	5 to 17	Perimeter provides children and adolescents psychiatric support. https://www.perimeterhealthcare.com/arlington
Mind Above Matter	2915 S Burleson Blvd Burleson, TX 76208	817-289-5307		Outpatient & PHP	Yes	12 and up	Mind Above Matter provides intensive outpatient programming, partial hospitalization programming, outpatient individual, couple, and family therapy, medication management, telehealth services. https://mindabovematter.com/

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ACH Child and Family Services	3712 Wichita Street Fort Worth, Texas 76119	817-335-4673					ACH provides crisis intervention and counseling, short-term counseling for at-risk youth and their families, emergency youth shelter, youth life skills, and parenting classes. https://achservices.org/en/
Texas Youth Helpline	Texas	call, text, chat 1-800-989-6884					Texas Youth Helpline provides free and confidential services to youth, their parents, and other family members of youth in crisis who need help finding a counselor, safe shelter, legal information, other local referral information, or just someone to talk to. https://www.dfps.state.tx.us/youth-helpline/
National Suicide Prevention Lifeline	National	1-800-273-8255					National Suicide Prevention Lifeline provides 24/7 free and confidential emotional support to people in suicidal crisis or emotional distress. https://suicidepreventionlifeline.org/
LOSS Teams - Local Outreach to Suicide Survivors	Fort Worth	682-263-5677 1-800-273-8255 text 741741					LOSS team provides postvention support and resources to bereaved loved ones after a sudden loss to suicide. LOSS team offers individual counseling and Survivors of Suicide Support Groups. https://losscs.org/launch-a-loss-team/
The Warm Place (grief counseling)	809 Lipscomb St Fort Worth, TX 76104	817-870-2272					The Warm Place provides support, community, and a safe space for children and their families to grieve and find hope after the death of a loved one. Services are provided at no cost to families. https://www.thewarmplace.org/services/
Gill Children's Services	555 Hemphill Street, Suite 200 Fort Worth, TX 76104	817-332-5070					Gill Children's Services provides last resort funding for Tarrant County children whose medical, dental, physical, social, psychological, or educational needs have not been met by the other community resources. https://www.gillchildrens.org/
The Parenting Center	2928 W. 5th Street Fort Worth, TX 76107	817-332-6348					The Parenting Center empowers families by offering counseling, parent coaching, and family education classes and workshops. https://theparentingcenter.org/
Crowley House of Hope	200 Magnolia St Crowley, TX 76036	817-297-6400 817-297-6495 (Medical Clinic)					Crowley House of Hope provides food, financial assistance, medical care, and seasonal outreach programs. https://www.crowleyhouseofhope.org/